

CINSIA BRISTOL, MS, PMP, SMC

Transformational Program Leader | Driving Strategy, Modernization & Operational Excellence Across
Government & Healthcare

Fayetteville, GA | Remote | cinsiab@hotmail.com | (404) 210-3187

LEADERSHIP IMPACT SUMMARY

- 15+ years leading enterprise-wide transformation and modernization initiatives across federal, healthcare, and public health sectors.
- Directed \$100M+ in strategic portfolios, optimizing governance, automation, and performance across multi-center environments.
- Delivered measurable 30%+ operational efficiency gains through digital modernization, process engineering, and strategic execution.
- Trusted executive advisor recognized for fostering alignment between mission, technology, and people — enabling sustainable growth and impact.

EXECUTIVE SUMMARY

Vision-driven executive program leader with over 15 years of experience guiding enterprise-wide transformation across public health, healthcare, and government organizations. Specializes in turning complex programs into measurable outcomes—building strategies that modernize operations, optimize costs, and empower cross-functional teams to deliver lasting impact.

Recognized for fusing servant leadership with strategic execution, I create alignment between mission, technology, and performance. My approach blends digital modernization, automation, and human-centered change management to help organizations thrive through disruption and transition.

CORE EXECUTIVE COMPETENCIES

Strategic Leadership & Transformation | Digital Modernization & Automation | Portfolio & Program Governance | Enterprise Agility | Cost Optimization & Operational Efficiency | Federal & Healthcare Modernization | Stakeholder Engagement | Organizational Change Management | Risk & Performance Management | Executive Advisory & Strategic Communications

PROFESSIONAL EXPERIENCE

BRISTOL MANAGEMENT GROUP – Fayetteville, GA | 2020–Present

Principal Consultant – Strategy, Modernization & Program Leadership

- Partner with C-suite and federal leaders to design modernization strategies aligning mission priorities with digital innovation, automation, and measurable cost reduction.
- Directed enterprise process re-engineering initiatives improving operational efficiency by over 30%.
- Served as executive advisor to client leadership on portfolio prioritization, governance, and resource optimization.
- Built and led high-performing, cross-functional teams delivering strategic outcomes for federal and non-federal agencies.
- Developed executive dashboards and briefings that informed investment decisions and modernization strategy.

A Square Group, LLC (CDC – Enterprise IT Portfolio Management (EITPM) Support) – Atlanta, GA (Remote)

Program Management Consultant – Federal Digital Modernization

- Spearheaded integration of portfolio oversight across seven enterprise domains, enhancing visibility for multimillion-dollar investments.
- Led design and automation of software license management workflows, reducing cost exposure by an estimated 25%.
- Produced high-impact executive briefings shaping strategic funding and modernization priorities.

eStaff, LLC (HEALTH & HUMAN SERVICES COMMISSION (HHSC) – Austin, TX (Remote)

Senior Program Management Consultant

- Guided modernization and integration of Salesforce and IIS systems to streamline vaccine management.
- Led cross-agency teams implementing scalable technology solutions aligned with mandates.
- Drove enterprise change management and vendor performance strategies improving collaboration and delivery efficiency.

Pulivarthi Group, LLC (ANTHEM HEALTH) – Indianapolis, IN (Remote)

IT Program Consultant – Enterprise Transformation

- Oversaw multimillion-dollar portfolio focused on digital health innovation and analytics.
- Applied Agile and Waterfall methodologies to ensure project delivery met strategic goals.
- Instituted governance frameworks enhancing transparency and stakeholder engagement.
- Aligned technology investments with business outcomes and enterprise strategy.

CNI ADVANTAGE, LLC / CDC / HHS – Atlanta, GA | 2014–2021

Project Management Consultant – Federal Program Modernization

- Managed multimillion-dollar health IT implementations and national EHR rollouts.
- Established PMO standards and performance frameworks improving accountability and reporting.
- Led teams of 30+ scientists and analysts delivering complex modernization solutions.
- Provided executive communications and risk advisory to federal leadership.

DEKALB COUNTY BOARD OF HEALTH – Decatur, GA | 2007–2014

Communicable Disease Specialist Supervisor

- Directed grant and budget management ensuring compliance and fiscal responsibility.
- Developed operational frameworks improving efficiency and public health outcomes.
- Partnered with state and community stakeholders to enhance awareness and program reach.

EDUCATION & CERTIFICATIONS

M.S., Health Administration – Central Michigan University

B.A., Psychology – Oral Roberts University

Project Management Professional (PMP) – PMI

Scrum Master Certified (SMC) – ScrumStudy

Systems Thinking – Cornell University (Certificate Program In-Progress)

TECHNICAL & LANGUAGE PROFICIENCY

Microsoft Office Suite | SharePoint | Jira | Confluence | Power BI | Oracle | PeopleSoft | Agile Tools | Dataverse | Salesforce | English | Haitian Creole